



KELLIE'S LIST

Follow Kellie Alderman on Twitter for updates on fashion and beauty products and advice, plus sneak previews of what will be on the fashion pages of Event.

I've just come back from my annual beach holiday and there were a few products that worked a treat and were so quick and easy they gave me maximum time on the sand.

KIEHL'S

Hair is often the first place that shows the effects of being at the beach, with constant sun and saltwater damage stripping your hair of shine, hydration, bounce and colour. Kiehls released its Superbly Smoothing Argan hair care range late last year but I had the chance to put it to the test while on holiday and I was so



impressed with the results. My often dry, coarse hair maintained its shine and colour throughout the holidays – despite being in the sun and surf all day and constant washing. It also helped give my hair that beachy-tousled look minus the frizz thanks to the combination of organic Argan oil, sesame oil and cocoa butter in a silicone and paraben-free formula. The range consists of a shampoo (\$42), conditioner (\$42) and Hair Pak (\$58) – I skipped the conditioner and went straight to the Hair Pak each wash. From Kiehls, David Jones, QueensPlaza.

L'OCCITANE

I love a double-duty product, especially one that fits in your handbag. L'Occitane en Provence has a new Rose Jardin Delice range of rose-scented products – of which the Roll-On Scent and Gloss Duo (\$19.95) was perfect for a holiday travel



bag. Containing a sexy and sweet rose scented fragrance on one side and the perfect shade of pale summer pink gloss on the other side of this purse-sized wand,

it was just about all I needed for a hot summer night out. Go to loccitane.com.au for stockists.

RESULTS RX

Sunscreen is all-important, especially for the face – this summer I discovered Results Rx Pure Protection SPF15 and at \$110 it is pricey but so worth it if you value your skincare routine. If you spend time and money taking care of your skin all year and blow it by getting a face full of sun on holidays then it's money wasted, so protect your investment in your skin with this full-spectrum, moisturising sunscreen that I am now wearing



every day. It's so lightweight and it is fragrance free, so it's not irritating (perfect for sensitive skins) and it gives great protection. From Clinic Aesthetic, Mater Private Clinic, 550 Stanley St, South Brisbane, clinic-aesthetic.com.au or 3010 3388.

LANOLIPS

This is the lip balm of choice for Kelly Rowland and Dannii Minogue and I'm a convert too – perfect for keeping lips in top condition through any weather. \$17.95, call (02) 9663 4277 for stockists.

